

DYNAMIC WOMAN'S GUIDE

Get It Done

MONDAY

Clutter-bust
Light cleaning

Clear rooms
Wipe/dust furniture
Vacuum
Sweep
KITCHEN

BR1 BR2 BR3 DR LR Den Kit
BR1 BR2 BR3 DR LR Den Kit
BR1 BR2 BR3 DR LR Den
BR1 BR2 BR3 DR LR Den Kit
Cook 1 2 3 Wipe 1 2 3 Wash 1 2 3 Scour Trash

TUESDAY

Laundry
Heavy cleaning

Parents Clothing
Kids Clothing
Sweep/Mop
Clean Bath/Shower
Clean Toilet
Clean Sinks
KITCHEN

White Med Dark Delicates
White Med Dark
Ba1 Ba2 DR LR Den Kit
Ba1 Ba2
Ba1 Ba2
Ba1 Ba2 Kit
Cook 1 2 3 Wipe 1 2 3 Wash 1 2 3 Scour Trash

WEDNESDAY

Clutter-bust
Light cleaning

Clear rooms
Wipe/dust furniture
Vacuum
Sweep
KITCHEN

BR1 BR2 BR3 DR LR Den Kit
BR1 BR2 BR3 DR LR Den Kit
BR1 BR2 BR3 DR LR Den Kit
BR1 BR2 BR3 DR LR Den Kit
Cook 1 2 3 Wipe 1 2 3 Wash 1 2 3 Scour Trash

THURSDAY

Light cleaning
Yard work/Pet care

Vacuum
Dust/wipe furniture
Trim shrubbery
Cut grass
Pull weeds
Water plants
Wash Pet/bed/toys
KITCHEN

BR1 BR2 BR3 DR LR Den
BR1 BR2 BR3 DR LR Den Kit
Front Back Side 1 Side 2
Front Back Side 1 Side 2
Front Back Side 1 Side 2
Front Back Side 1 Side 2
Cook 1 2 3 Wipe 1 2 3 Wash 1 2 3 Scour Trash

FRIDAY

Laundry
Heavy cleaning

Household laundry
Kids Clothing
Parents Clothing
Vacuum
Sweep
Clean Toilet
Clean Sinks
KITCHEN

Towels Sheets Tablecloths Kitchen
White Med Dark
White Med Dark Delicates DryCl
BR1 BR2 BR3 DR LR Den
BR1 BR2 BR3 DR LR Den Kit
Ba1 Ba2
Ba1 Ba2 Kit
Cook 1 2 3 Wipe 1 2 3 Wash 1 2 3 Scour Trash

SATURDAY

Outings
Clutter-bust
Long-range cleaning

Clear rooms
Organize closet
Wipe Walls, Doors
Wash Windows
KITCHEN

BR1 BR2 BR3 DR LR Den Kit
BR1 BR2 BR3 Hall Linen Bsmnt
BR1 BR2 BR3 DR LR Den Kit
BR1 BR2 BR3 DR LR Den Kit
Cook 1 2 3 Wipe 1 2 3 Wash 1 2 3 Scour Trash

SUNDAY

Rest and Plan

Review this week's
Achievements
Post next week's Goals

Spirit Edu Fin Family Business Friends
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